

HEADS-UP!

The newsletter for Headon and Upton

July 2011



Headon on July 2nd

Headon Fly-in and Hangar Bash

A very enjoyable and successful event was held at the airfield on Saturday 2 July 2011. The weather playing a huge part in the success of the day's events. Members of the public enjoyed watching the visiting aircraft with some taking advantage of the Trial Flights on offer viewing Headon and surrounding villages from the air. The evening Hangar Bash was again a very enjoyable occasion with thanks to the Stormbeats who provided the live sixties style music.

A total of £1700 was raised for charity and we would like to thank everyone who helped us make this possible. Most of this will go to Lincs and Notts Air Ambulance, the remainder to a local children's charity.

Thank you to all who helped and supported us.

Martin and Pat

Village Hall BBQ & Skittles.

Another beautiful, sunny summer's day brought lots of people out to enjoy our BBQ & Skittles day!

Prizewinners of the various events were:

Skittles (Gents) Peter Braithwaite (Ladies) Julia Jesson Golf—Emily Wilkinson

50:50—Georgina Thorpe Rolling for whisky— Ian Cawthorne Rolling for sweets—Emma Foster

Number of sweets—Rosie Greenhalgh

Raffle— R Champion, P Thorpe, W Foster, A Roy, S Fanshaw.

Japanese cooking class



My name is Chitose. Since living in England I am constantly being asked about Japanese food. I am overwhelmed by such interest. More and more we see Japanese ingredients such as MI-SO and SHIITAKE in the super markets today. At the same time I have discovered misconceptions which many people think that SUSHI with raw fish is prominent in our diets.

Japanese food is believed to be one of the healthiest foods in the world. There is little usage of dairy and saturated fats whilst using numerous vegetables and alternative foods of meat. Academics have been studying Japanese diet to find out the secrets of long life expectancy. Through requests to explain how to cook Japanese cuisine I decided to start my classes. I am very pleased people explore new taste as well as introduce foreign ingredients into their own diets.

See page 3 for more information

Parish Council News

Notes from the Meeting held on Monday 4th July 2011

Parish Council Vacancies

As there are still two vacancies at Grove, we ask you to please contact the clerk or Cllr. Jonathan Wallwin if you are interested in becoming a parish council member. Your main commitment is to attend 10 evening meetings per year and to be a contact for residents between meetings. The level of involvement outside of this commitment is purely dependent on your own interests.

Bus Shelter

A new wooden bus shelter is to be installed at Yew Tree Road in Headon. A proposed design has now been received which reflects others in the local area. It is proposed to be installed between the existing telephone box and litter bin but set back from the pavement so as not to create a safety hazard to motorists and pedestrians.

Questionnaires!

It appears to be the time of year for reviewing services, judging by the number of questionnaires and surveys the parish council received this month. We had surveys to complete on a variety of subjects, including... Planning issues, Police matters, Polling arrangements and Broadband services.

Street Lighting in Nottinghamshire

We have had some draft proposals regarding changes to street lighting in Headon-cum-Upton, as part of the County Council's 4 year programme of energy saving measures.

The draft proposals may include:

- Switching off completely some lights where they are no longer considered necessary
- Dimming some lights on main roads between 10pm and 7am when traffic flows are low and a lower level of lighting will not affect road safety.

- Switching off some lights between midnight and 5.30am in residential areas in consultation with local communities

The project is expected to save 26% of current energy usage..

Police

PC Bailey was unable to attend the meeting, but reported that, once again, there have been no reported crimes in the parish during the last month.

PC 1695 Bill Bailey can be contacted on 0300 300 9999 ext. 807 7364

Mobile – 07910 336 844

Email – Bill.Bailey@Nottinghamshire.pnn.police.uk

Crimestoppers – 0800 555 111 - all calls are confidential and the caller may remain anonymous if desired.

Karen de Torre – Parish Clerk

1 Cherry Tree Avenue, Shireoaks, Worksop, Notts. S81 8PH

Phone or Text 07765 654 188

email headonpc@fsmail.net



I've seen this beetle, or his friends, several times recently in our garden. It is a **lesser stag beetle**.

I don't recall seeing one before, so I looked it up and found:

"This species is common and widespread through much of the UK with the exception of Ireland, Scotland and West Wales.

It is a species frequently found in gardens especially if dead wood is left as a resource for them. Adults can often be seen flying at dusk."

Tales from the Woods

For seventeen years, one creature forged a reign of terror over our land - Basil the goose! He attacked everything that dared approach the gate with spiteful venom; nipping, blistering and flapping his magnificent wings, without pity or sentiment. Thinking that we could placate and distract his temper, we provided him with two lady friends. Instead they admired and further encouraged his wild rampages.

I became paranoid as he seemed to hate me more than anyone (Amos said he was a brilliant judge of character) and I scrutinised his every move before I dared even open the gate. I dreaded his approach, with his long serpent-like neck arching along the floor, wings back and pin eyes seemingly enjoying my terror.

One evening we heard the usual thumping, over based rap music as our son returned home from school— shirt out, hair over gelled, carrying his enormous school bag containing one textbook, a rap magazine, ten CDs and a pen! The engine noise ceased and was quickly followed by loud expletives, yells and squawks. In dismay we ran out, to be greeted by a scene of carnage. Matthew was on the floor, enveloped by huge wings, legs flailing as the “Angel of Death” savaged his prone form. He managed an undignified escape, and as he hauled his mud-caked body up he immediately turned into Rambo. Out of control, threatening the goose with a slow and painful death, he choked out his garbled intentions to wreak vengeance on this creature which had caused him such humiliation. Then his wrath turned on his irreverent parents who were now incandescent with laughter at this mayhem.

Basil the goose was totally unimpressed by the gangly menace before him, he was now busy treading the school bag with true ardour. Matthew’s downfall had been mere foreplay!

In his long life Basil had terrorised every creature crossing his path and had managed to escape the predators that had removed so many of our avian stock. However, as is always the case, he became less agile and one day he was too slow to escape Reynard, who has no set lunchtime, and Basil’s noble mission was ended.

Basil, legend among geese, gone, but never forgotten!

Maria

Japanese Cooking Classes

Have a go lesson: shows preparation of basic rice, miso soup and vegetable pickle. Have a go Lesson £ 15.00 (1 class)

Beginner: focus on skills of rice preparation and cooking, making stock of miso soup and variation. The class will move on to make interesting and tasty rice dishes. Beginners: £ 80.00 (4 classes)

Intermediate: focus on popular fish and meat dishes and variety of soups. Intermediate: £105.00 (4 classes)

Advanced: is much more hands on approach. It introduces special Japanese and Far East Asian ingredients. This course also includes sweets and desserts. Advanced: £150.00 (4 classes)

All classes will be taught within 4 sequence classes building your knowledge and confidence on each class.

Japanese culture: Japanese table manner and traditions will also be covered while we enjoy the meal in the end of each class in relaxed style.

- Day time class starts from 12:00 (approx 2 hours), choose from Tuesday, Thursday or Saturday
- Number; 2-3 people in one class

**Private tuition is available, should formal classes not be suitable.*

Note: payment is accepted by cash or cheque in advance or at the first class. Cancellations with at least 48 hours notice can be rebooked. Late cancellations cannot be refunded or rebooked.

Contact ; Chitose Uchida **Telephone ;** 07985 762793 **e-mail ;** saitasaita@live.co.uk

St. Peter’s Church

We plan to hold an Open Day and exhibition in church on Saturday, September 17th.

If you have any old photos or artefacts relating to the village which you would be willing to share for that day, please let Janet (248282) know.

On display will be maps of the parish from the 18th, 19th and 20th centuries, showing many of the lanes, fields and field names of those times. These tell us so much about the culture and agriculture of times gone by in our village, and should prove to be very interesting!

For further details of any notice please ring 248282

Times of Church Services

July 17	10.30 am	Morning Prayer	Headon
July 24	9.00 am	Holy Communion	Headon
July 31	10.30 am	Group Holy Communion	Askham
Asugust 7	10.30 am	Group Holy Communion	East Markham

Contact details for Rev. Julia Jesson: Telephone: 01777 870965

Regular and Forthcoming events in the Village Hall

Tuesdays at 7.30 Whist Drives
(Alternate weeks – 24th May etc.)
Wednesdays at 7.30 Bridge Club
Fridays from 9.00 Social Club

**Many Happy Returns
Angela McKiernon!**



Headon cum Upton, Grove & Stokeham Parish Council

Next meeting
Monday 6th June
at 7.30 p.m.
in the Village Hall
All welcome!

Baby sitting

Responsible 16 year old
girl available for baby
sitting.

Please contact:
Boo Cauwood,
Tel. 01777 248286 or
07854005482

LOGS FOR SALE

**£65 PER TON
£120 PER 2 TONS**

FREE LOCAL DELIVERY

Telephone:
01777 701777
07814563706

Reach & Wash pure HOT water window cleaning

Contact David Cunningham
for a free quote:

FREephone 0800533537

Pippins Pre-School

East Markham

Offering Pre-School Education through play for children
aged 2 1/2 to 5 years on Monday, Tuesday, Wednesday,
Thursday & Friday mornings from 9.00am—11.30 am, Monday
afternoons from 1.00 pm—3.00 pm & Wednesday afternoons
12.30 pm—3.00 pm.

The Community Room at East Markham C.P. School
Extended sessions with a lunch club are available on Mondays,
Tuesdays, Thursdays & Fridays, 9.00am – 12.45pm

For more information or to register your child, please contact:

Leigh Booth on: 01777 871509

or email: eastmarkhampippins@gmail.com

Pippins Pre-School also runs a Baby & Toddler Group every
Wednesday morning during term time,

9.30am – 11.15am at East Markham Village Hall.

Come and try the first session for free and make new friends!

Village store

**A new store is open on Askham road
in East Markham**

We stock a wide range of products
including fresh bread and milk
made to order fresh sandwiches
Hot coffees
and daily and Sunday newspapers

Hope to see you soon

Terri & Paul

Telephone 01777 872050