

Heads - Up !

The newsletter for Headon, Upton, Grove & Stakeham

March 2022

Headon cum Upton Village Hall

Cleaner Required



To commence work as soon as possible!

Pay and hours to be agreed, typically 2 hours per week

Anyone interested should contact

Paul Palmer: - ppalmer880@gmail.com

Headon Village Hall Presents ABBA Tribute Band: - Sensation

Saturday 5th March 7.00pm
Tickets £15 ONLY A VERY FEW TICKETS LEFT!

For further information and tickets please contact:

Paul Palmer on 07794 839742 or
headonvillagehall@gmail.com

Headon Cum Upton Cinema Club Presents

The Water Diviner (15)

Russell Crowe's directorial debut, The Water Diviner, is an epic adventure set four years after the devastating battle of Gallipoli during World War I. Australian farmer Joshua Connor (Russell Crowe) travels to Turkey in 1919 to discover the fate of his three sons, reported missing in action.

Saturday 12th March

Headon Village Hall 7.30pm. Entrance £3.50

Contact Pat - paddythorpe@btinternet.com or on 248368

Headon-cum-Upton, Grove and Stokeham Parish Council.

The next Parish Council meeting will be on

Monday 7th March 2022 at 19:30

at Headon Village Hall

Bus Services Through Headon and Upton

Travel Wright, the operator of the 136 bus which links Upton and Headon with Retford, is to cease trading on the 2nd April 2022. The owners have been seeking to retire and have been unable to find a buyer and therefore are simply calling it a day. Nottinghamshire County Council is seeking replacement operators for both the school and local bus timetables.

Careers Advice & Guidance

'WhatNext in North Notts', is a series of careers advice and guidance events delivered by Bassetlaw District Council and sponsored by North Notts BID. They are designed to help young people, parents, job seekers and career changers make informed choices about their education and career opportunities.

At each event around 35 exhibitors including businesses, services and education providers will showcase a range of the career and education options available in North Nottinghamshire.

The event for Retford will be hosted by Retford Post 16 Centre on 9 March 2022 to coincide with National Careers Week. Local students will visit between 9:00am – 3:30pm, with the public able to attend from 3:30pm – 5:00pm.

For more information visit:

<https://www.bassetlaw.gov.uk/education-and-learning/what-next-north-notts/>

Recycling - Pens & Medicine Packets

Upton resident Phillipa Thornton has kindly offered to collect both old pens and pill blister packets, so they can be recycled and avoid going off to landfill. She lives at Melvern, Main Street, Upton close to the Askham turning and will leave out two boxes in her porch for any items to be dropped off.

Old Denim Wanted

Phillipa Thornton is collecting any old denim clothing you may have spare. Any size and shape, any colour. It can be left in her porch at Melvern, Main Street, Upton close to the Askham turning.

Plants for Pollinators: March - Dandelion and Aubretia

You may well be asking why does dandelions, this humble garden perennial weed, gets a mention. Whilst not advocating growing dandelions deliberately, if they can be left to flower in some corner of your garden or lawn they provide an important food source. At this time of the year, when honeybee colonies are needing pollen and nectar to rebuild the colony numbers, dandelions provide both in abundance.

Dandelions have acquired many common names over the years such as faceclock, milk witch and cankerwort. The flower petals make a splendid wine and are used in the traditional dandelion and burdock soft drink, whilst roast dandelion roots can be used as a coffee substitute.

Their deep tap root brings up nutrients and adds nitrogen and minerals to soils at a shallower level. So spare a thought for the much maligned dandelion as there is much more to it than meets the eye.



Aubretia is a small compact herbaceous perennial with trailing stems of pink to mauve flowers. Although not native to the British Isles, it is commonly grown in our gardens and indeed worldwide as an ornamental plant.

With still very few forage plants in flower this month, it is particularly valuable for all early bees, including honey bees, and is attractive to butterflies too.

Aubretia belongs to the cabbage family, in which we find many other bee friendly members such as oilseed rape and broccoli. Aubretia may be grown as ground cover, in the crevices of a wall.

Puzzle Corner

Four playing cards, one of each suit, lie face down on a table. They are a three, a four, a five, and a six.

- The cards on either side of the four are black.
- The club is to the right of the three but not next to it.
- The spade is to the left of the heart.
- The middle two cards add up to an even number. Neither of them is a club.

Can you determine the cards' suits and their order?

Answer on the back page

Church News & Services

The Rev Canon Bronwen Gamble led her final service as Rector of The Parish of The Rivers, Retford on Sunday 2nd January and has now retired. The process of a new appointment is expected to take several months during which the church will continue as nearly normal as possible.

The new Church contact will be Reader Gill Rann on 07518 543868 or riversretfordgill@gmail.com. Gill will be able to help with enquiries on matters such as baptisms, weddings, funerals, or home visits by putting you in touch with the appropriate person.

The Parish of The Rivers, Retford

serving the villages, hamlets and communities of :

Askham, Cottam, Darlton, Dunham on Trent, East Drayton, East Markham, Fledborough, Grove, Headon, Nether Headon, Laneham, Church Laneham, Ragnall, Rampton, Rockley, Stokeham, Treswell, Whimpton Moor, Woodbeck, Woodcoates, Upton.

	St Nicholas Askham	St Peter East Drayton/ Dunham on Trent	St John the Baptist East Markham	St Peter Headon	St Peter Laneham	All Saints Rampton	St Peter Stokeham	St John the Baptist Treswell
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6th March, 10.30 am, Benefice Holy Communion, St John the Baptist, East Markham

13th Mar		10.30am Morning Worship					9.00am Holy Communion	9.00am Morning Worship
20th Mar	10.30am Holy Communion		10.30am Morning Worship		10.30am Morning Worship			
27 th Mar			8.00am Holy Communion 10.30am Morning Worship Mothering Sunday	9.00am Morning Worship		10.30am Morning Worship Mothering Sunday		

3rd April, 10.30 am, Benefice Holy Communion, St John the Baptist, East Markham

No service at Grove

Babysitting Services

Experienced year 11 (female) babysitter available for Headon cum Upton. Message please on 07528 670072. References available.

For Sale

A Wendover Vivalift Power Reclining chair, in mid brown. This chair, purchased in August 2021 for £999, is in immaculate condition having only been used a few times. It can be seen in operation and no sensible or reasonable offer will be refused. Genuine reason for sale.

If interested phone the Parkers on 01777-248792 (East Drayton)



Re-cycled Cycles

All in very good condition and various sizes available
Contact John Parker 07939 412542 (East Drayton)

